

Debra Schulte, DNP, APRN, FNP-BC

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Professional Profile and Objective

Family Nurse Practitioner, May 2014, Doctorate in May 2021

- Assistant Professor of Nursing, ASTATE
- Part time Family Nurse Practitioner
- 27 years experience nursing field
- 9 years experience as Nurse Practitioner in urgent care, emergency services and family practice
- Prior nursing experience in Family Practice, Surgery, ICU and Cardiovascular-Thoracic Surgical Nursing, charge nurse
- Precepts nurse practitioner students
- Prior full-time instructor in LPN/ Paramedic to RN program ASU-MH, part time clinical instructor,

Education, Honors, and Certifications

- **Doctorate of Nursing Practice, January 2019- May 8, 2021**
Arkansas State University, Jonesboro. Doctorate emphasis on women's heart health.
- **Master of Science in Nursing, January 18, 2011- May 17, 2014**
Arkansas State University, Jonesboro
- **Bachelor of Science of Nursing, August 15, 2009- December 10, 2010**
Arkansas State University, Jonesboro
- **Associate of Applied Science in Nursing, August 15, 2002- December 2003**
Arkansas State University, Jonesboro
- **Licensed Practical Nurse, August 17, 1994- June 1995**
Arkansas State University, Mountain Home

Family Nurse Practitioner ANCC certification, July 2, 2014-current
APRN Licensure 07/2014- current
Sigma Theta Tau Honor Society –ETA THETA Chapter 2014
Program Scholar, 2014
Basic Life Disaster Life Support 2010
eCore Disaster Life Support 2010
RN Licensure Arkansas 03/2004- current
RN Licensure Louisiana 03/2019-switched to AR multistate in 2020
Basic Life Support- current 2020-2022
Advanced Cardiac Life Support- current 2020-2022
Pediatric Advanced Life Support-current 2020-2022
Dean’s List December 2010
Chancellor’s List May 2010
Chancellor’s List December 2009
Dean’s List December 2003
Outstanding Clinical Student December 2003
Program Scholar Award December 2003
Leadership- Working with Four Generations May 2007
Leadership- Introduction to Type 01/2007
Leadership- Generations- Engaging a Changing Workforce January 2007
Leadership- Creating a Great Team June 2006
Leadership- Situational Leadership March 2006
Leadership- Effective Interviewing Skills December 2005
Leadership- Techniques for Resolving Conflict July 2005
Leadership- Your Conflict Style July 2005
Leadership- Accountability in Action December 2004

Professional Presentations

- Utilization of a Statin Therapy Initiation Clinical Decision Aid in a Rural Health Clinic: Analysis and implementation
- Is there a correlation between salty foods and elevated blood pressure?
create@astate 2014
- Healthy Heart presented throughout the community 2010

Professional Experience

APRN Positions

Baxter County Correctional Facility, July 2021- December 2022

- Nurse Practitioner at correctional facility. Helping identify medical and psychiatric needs of inmates and making sure they are being routed to correct services and medication. In conjunction with NCAMA and LSU work.

North Central Arkansas Medical Associates, January 2018- Present

- Nurse Practitioner for family practice medicine seeing acute and chronic conditions. From newborn to elderly. Includes evaluation and treatment for a variety of acute to complex multisystem medical conditions. Routine labs and tests are ordered and routine procedures including PAP and STD testing, I & D, cryo therapy, splinting, ingrown nails, suturing, foreign body removal, and skin biopsies. Well women

physicals with an emphasis on heart health. This office is set up in teams. Collaborating physician is Dr Ed White. Spent time setting up and doing comprehensive medical management reviews. With Covid, helped set up policy and procedure many times as a front-line primary care office.

Regional Family Medicine, April 2017- January 2018

- Nurse Practitioner (part time) for family practice medicine seeing patients from newborn to elderly. Includes evaluation and treatment for a variety of chronic and complex multisystem medical conditions. Routine labs and tests are ordered and interpreted. Routine procedures done including I & D, cryo, routine PAP smears, STD testing, suturing, foreign body removal, ingrown nails, and skin biopsies. Collaborating physician was Dr Elders. This job was in conjunction with Urgent Care and set up to see my family practice patients from Flippin, AR.

Med Express Urgent Care, August 2016 – June 2019

- Independent Nurse Practitioner providing a variety of urgent care needs including evaluation and diagnosis of a variety of conditions. I will treat or refer to the appropriate facility from primary care to specialists to emergency services. Routine procedures include suturing, splinting, EKG, x-rays, foreign body removal, physicals and workman's comp, STD testing, nebulizer treatments, and injections. Patient population pediatrics to geriatrics. I am responsible for directing staff including nursing, RT, and front office personnel. I have a team of collaborating physicians available every day. Collaborating physician is Dr David Vester.

Baxter Regional Medical Center, August 1, 2001-August 2016

- **BRMC Clinic at Flippin Rural Health Clinic, February 2015- August 2016**
- Evaluation and planning care of chronic and complex disease processes in a family practice setting. Majority of patients have multisystem disease processes including diabetes, heart disease, hypercholesterolemia, and hypertension. Patient population pediatrics to geriatrics. Experienced in ordering routine and diagnostic labs and tests. Routine procedures including physicals, workman's comp, female wellness, suturing, and drawing blood. Collaborating physician- Dr Shawn Bogle.
- **ER at BRMC, November 2014- January 2018**
Work part time in emergency setting evaluating and treating patients with acute, emergent type issues. Collaborating physician Dr Allan Jackson. In conjunction with Urgent care at Wal-Mart clinic and Flippin Clinic
- **APRN at Clinic at Wal-Mart operated by BRMC Started June 16, 2014-July 2015**
Mountain Home, AR Urgent care clinic, averaged 30-40 patients per day. Responsible for taking care of patients in urgent care setting, obtaining, and running UAs, flu

swabs, strep swabs, and cholesterol checks. Collaborating physician- Dr Hodges.

RN Positions

- **Office/ Hospital Nurse for Cardiovascular-Thoracic Surgeon**
Emphasis on Cardiovascular Surgical Nursing. Autonomous job requiring good independent assessment skills. Initiate pre-surgical work-up, patient education, wound assessment, removal of chest tubes and pacing wires, and surgical drains. Dictate discharge summary and arrange for home meds and home discharge instructions. Collaboration required with other physicians, nursing staff, rehab, home health, and pharmacy. Had several community speaking programs including the Healthy Heart Presentation. Served on the Cardiology Committee and helped set up protocols and monitor SCIP outcomes.
- **CV Step-down Charge**
Included many duties as staff and as a charge when assigned. This unit is a 31 bed unit dealing with Cardiovascular, Respiratory, and Renal Insufficient patients.
- **CVOR, Relief Charge**
Dealing with Cardiovascular Thoracic Surgical patients from the pre-op to the post-op phase. Included working closely with anesthesia as well as surgeon and OR staff.
- **ICU**
Duties included taking care of the ICU patient and their family
- **Surgery, General as LPN scrub tech**

Teaching Experience

Arkansas State University, Jonesboro 1/1/23- Present

Started full time January 2023 and will work on professional goals of publishing, educating next generation, and furthering women's research in heart health.

- Assistant Professor of Nursing, traditional BSN program
- Teaching clinical Med Surg and didactic

LSU- Alexandria, January 2019- present

- Part time adjunct faculty 100% online in the BSN, RN program, teaching 1-2 classes per semester.
- Classes taught: Health Assessment with virtual Shadow Health, Nutrition and Wellness, Spirituality in Nursing, Pathophysiology, Aging and the Older Adult, Women's Health, and Community Health Nursing
- Online teaching certification for LSU
- Participated in strategic planning on growing nursing student numbers,

regular faculty meetings, helped with course conversions and updating courses, working with teaching assistants

Arkansas State University, November 1, 2012- May 2015, Fall 2022 Mountain Home, AR

- **Faculty Instructor Full Time- LPN/ Paramedic Transition Program November 2012- July 2014**
- Full time teaching and clinical position instructing LPN and Paramedic students for the RN distant learning hybrid program using Black Board
- Teaching online pharmacology for pre nursing students
- Served on the strategic planning committee
- Included advising and counseling students. I taught while going through graduate school as well as worked for BRMC. I helped choose initial curriculum for this program.
- Faculty Adjunct part time July 2014 – May 2015
- Faculty Adjunct clinical part time Fall 2022

Family Nurse Practitioner Student

Arkansas State University

- Participated in several clinical rotations throughout Mountain Home, Arkansas area including a women's health rotation of 120 hours with one of three oncologist- gynecologist in the state, a pediatric rotation of 120 hours, and 650 hours of family practice upon completion of the program.

North Central Arkansas Medical Associates, June 15, 1995-Aug 1, 2001

- LPN nurse for family practice physicians, Dr Ed White, and Dr Kevin Adkins

Professional Affiliations

Medical Affiliate Status- Baxter Regional Medical Center held in past
ANCC 2014 to current
AANP 2014 to current
ANA 2014 to current
ARNA 2014 to current
ANPA 2018 to current
Sigma Theta Tau 2014 to current